

TACO STEW

Start with:

- Frontier Soups™ Tortilla Soup

1 package Frontier Soups™ Tortilla Soup

1 lb cooked and drained ground beef

3 cups vegetable broth

15 oz can of diced tomatoes (if you want more heat in your stew, add the tomatoes with green chilies)

Add-ins: chopped avocados or a dollop of guacamole, shredded marble jack cheese, crumbled tortilla chips

In a large saucepan, bring broth to a boil. Add soup mix and ground beef. Cover and simmer 20 minutes. Add tomatoes and simmer covered an additional 10 minutes. If stew is too dry, add a little water to pan. Spoon stew into bowls, and top with your choice of add-ins.



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