

Sunflower Wheat - Burnsville

Nutrition Facts			
Serving Size 1 Slice (50g)			
Servings Per Container About 20			
Amount Per Serving			
Calories 120	Calories from Fat 20		
% Daily Value*			
Total Fat 2g	3%		
Saturated Fat 0g	1%		
Trans Fat 0g			
Cholesterol 0mg	0%		
Sodium 250mg	10%		
Total Carbohydrate 23g	8%		
Dietary Fiber 3g	13%		
Sugars 5g			
Protein 4g			
Vitamin A 0%	• Vitamin C 0%		
Calcium 2%	• Iron 6%		
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories	2,000	2,500
Total Fat	Less Than	65g	80g
Saturated Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300 mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per gram:			
		Fat 9	• Carbohydrate 4 • Protein 4

INGREDIENTS: Freshly Milled Whole Grain Wheat Flour, Water, Honey, Sunflower Seeds, Yeast and Salt.

Produced in a facility that uses: Wheat, Eggs, Peanuts, Tree Nuts, Milk and Soy.