

# TACO STEW

Start with:

- Frontier Soups™ Tortilla Soup

1 package Frontier Soups™ Tortilla Soup

1 lb cooked and drained ground beef

3 cups vegetable broth

15 oz can of diced tomatoes (if you want more heat in your stew, add the tomatoes with green chilies)

Add-ins: chopped avocados or a dollop of guacamole, shredded marble jack cheese, crumbled tortilla chips

In a large saucepan, bring broth to a boil. Add soup mix and ground beef. Cover and simmer 20 minutes. Add tomatoes and simmer covered an additional 10 minutes. If stew is too dry, add a little water to pan. Spoon stew into bowls, and top with your choice of add-ins.



## MINNETONKA

Michael & Ruth's  
Minnetonka Bread Store  
17416 Minnetonka Blvd.  
Minnetonka, MN  
952-476-2515

## BURNSVILLE

Karl's  
Neighborhood Bread Shop  
1100 E. County Road 42  
Suite 102  
Burnsville, MN  
952-891-4767

## MINNEAPOLIS

Sally & Tom's  
Family Owned Bread Store  
4314 Upton Avenue South  
Minneapolis, MN  
612-929-2899

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[www.greatharvestmn.com](http://www.greatharvestmn.com)