



# Great Harvest Bread Co.®

**MINNEAPOLIS EDITION**

**SEPTEMBER 2010**

## APPLE MANIA!

The Harvest is in. An Apple bread a day is the perfect welcome for Fall. Stop in for a **FREE SLICE** of something Apple-ey and delicious every day in September.



### APPLE CRUNCH

An old favorite. Lots of dried apples, topped with a deliciously sweet topping. Great for French toast and any sweet treat. **MONDAYS** in September.

### APPLE CINNAMON WALNUT

One of our best breads! 100% whole grain. **TUESDAYS** in September.

### CRANBERRY APPLE SWIRL

Fresh Apples and Craisins swirled into a Light Wheat dough with a hint of sweetness. **WEDNESDAYS** and **SATURDAYS** in September.



### CARAMEL APPLE BREAD

Caramel and dried apples. Perfect for Fall. **FRIDAYS** and **SATURDAYS** in September.

### CARAMEL APPLE CINNAMON ROLLS

Fresh Apples and Caramel Bits rolled in our traditional cinnamon rolls. **SATURDAYS** in September.



### APPLE STREUSEL COFFEE CAKE

A great coffee cake with chunks of apples, fall spices and pecans. **EVERY DAY** in September.

OTHER FEATURED BREADS:

### CROWN CHALLAH

Wednesday, September 8th for Rosh Hashanah.

### PANZA BREAD

Black Olives, Sundried Tomatoes, Parm Cheese, Basil, oregano, and black pepper, all in a wheat and white dough. **THURSDAYS** and **SATURDAYS**.

### MUSHROOM SWISS

One of our all time favorites. **WEDNESDAYS** in September.

### CRANBERRY WILD RICE

September is wild rice month in Minnesota. Come in and try our version, with cranberries! Healthy, Tasty, and Hearty... just like a good Minnesotan. **FRIDAYS** in September.

### PARMESAN BASIL SOURDOUGH

Our great Sourdough with lots of Parmesan and basil to make a nice savory fall bread. **FRIDAYS** and **SATURDAYS**.

### MADE FROM SCRATCH CORN BREAD MIX

Back for the fall! Fresh ground whole wheat and corn flours in a mix to make corn bread for all your fall soups and chilis.

**SALLY & TOM'S FAMILY OWNED BREAD STORE**

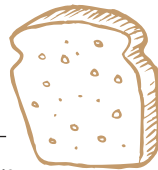
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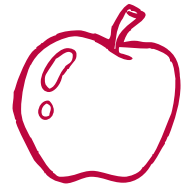
**WWW.GREATHARVESTMN.COM**

# SEPTEMBER BREADS

- MONDAY** Oat Bran • Organic Honey Wheat  
Spinach Feta • High 5 Fiber  
**APPLE CRUNCH**
- 
- TUESDAY** Dakota • **APPLE CINNAMON WALNUT**  
Multi Grain • Asiago Sundried Tomato
- 
- WEDNESDAY** High 5 Fiber • Multi Grain  
**CRANBERRY APPLE SWIRL**  
Mushroom Swiss • **GLUTEN FREE**
- 
- THURSDAY** Cranberry Orange • Flax Oat Bran  
Spelt • Panza Bread
- 
- FRIDAY** High 5 Fiber • **CARAMEL APPLE BREAD**  
Parmesan Basil Sourdough  
Challah • Cranberry Wild Rice  
Bruschetta Twist
- 
- SATURDAY** Pepperoni Rolls • **CARAMEL APPLE**  
Panza Bread • White Cinnamon Chip  
**CRANBERRY APPLE SWIRL**  
Parmesan Basil Sourdough
- 
- SUNDAY** Cinnamon Chip



# SEPTEMBER SWEETS



- MONDAY**  
Low Fat Cherry Muffins  
Blueberry Scones  
Apple Streusel Coffee Cake  
Blue Ribbon Blueberry Coffee Cake
- 
- TUESDAY**  
Low Fat Blueberry Muffins  
Cherry Scones  
Apple Streusel Coffee Cake  
Blue Ribbon Blueberry Coffee Cake
- 
- WEDNESDAY**  
Cappuccino Chocolate Muffins  
Cinnamon Chip Scones  
Apple Streusel Coffee Cake  
Blue Ribbon Blueberry Coffee Cake
- 
- THURSDAY**  
Banana Chocolate Chip Spelt Muffins  
Raspberry Scones  
Apple Streusel Coffee Cake  
Blue Ribbon Blueberry Coffee Cake



Cookies of the Month — Every Day in September

**DERBY COOKIES**

**OATMEAL SCOTCHIES**



# COMMUNITY EVENTS

- September 1, September 15  
September 29, October 3..... Autumn Trail Series
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- Monday, September 6..... Victory 5K & 10 K
- 
- Sunday, September 12..... City of Lakes 25K
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- Sunday, September 12..... People for Parks 5K

- FRIDAY**  
Apple Streusel Muffins  
Baker's Choice Scones  
Apple Streusel Coffee Cake  
Blue Ribbon Blueberry Coffee Cake
- 
- SATURDAY**  
Apple Streusel Muffins  
Cherry and Chocolate Cherry Scones  
Apple Streusel Coffee Cake  
Blue Ribbon Blueberry Coffee Cake
- 
- SUNDAY**  
Rhubarb Muffins  
Blueberry-Cherry Scones

