

## Dakota - Burnsville

<b>Nutrition Facts</b>			
Serving Size 1 Slice (50g)			
Servings Per Container About 20			
<b>Amount Per Serving</b>			
<b>Calories</b> 130	<b>Calories from Fat</b> 30		
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% Daily Value*			
<b>Total Fat</b> 3.5g	<b>5%</b>		
Saturated Fat 0g	<b>2%</b>		
Trans Fat 0g			
<b>Cholesterol</b> 0mg	<b>0%</b>		
<b>Sodium</b> 230mg	<b>9%</b>		
<b>Total Carbohydrate</b> 23g	<b>8%</b>		
Dietary Fiber 3g	<b>13%</b>		
Sugars 5g			
<b>Protein</b> 5g			
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Vitamin A 0%	• Vitamin C 0%		
Calcium 2%	• Iron 8%		
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories	2,000	2,500
Total Fat	Less Than	65g	80g
Saturated Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300 mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per gram:			
	Fat 9	• Carbohydrate 4	• Protein 4

**INGREDIENTS:** Freshly Milled Whole Grain Wheat Flour, Water, Honey, Sunflower Seeds, Pumpkin Seeds, Millet, Yeast, Sesame Seeds, Salt and a Light Egg Wash.

Produced in a facility that uses: Wheat, Eggs, Peanuts, Tree Nuts, Milk and Soy.